

DE SOTO AREA SCHOOL DISTRICT

341.31

NUTRITION EDUCATION/SCHOOL WELLNESS

*{NOTE: School districts participating in federally subsidized child nutrition programs (e.g., National School Lunch Program, School Breakfast Program) will be required to establish a local school wellness policy by the beginning of the 2006-07 school year, according to provisions included in the Child Nutrition and WIC Reauthorization Act of 2004.*

*The local school wellness policy must be developed with involvement from the school board, school administrators, school food service representatives, students, parents and the public. At a minimum, the local school wellness policy must:*

*(1) include goals for nutrition education, physical activity and other school-based activities that are designed to promote student wellness in a manner that the local school district determines is appropriate;*

*(2) include nutrition guidelines selected by the school district for all foods available on each school campus in the district during the school day, with the objective of promoting student health and reducing childhood obesity;*

*(3) provide an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the U.S. Secretary of Agriculture, as applicable to schools; and*

*(4) establish a plan for measuring implementation of the local wellness policy, including designation of one or more persons within the district or at each school, as appropriate, charged with operational responsibility for ensuring that the school meets the local wellness policy.*

*A variety of information is attached for your review.}*